



## Independent Study Assignments for PE Students

**From: PE Department**

**If you ARE able to exercise:**

Please keep a journal of your physical activity for each day you are out.

**If you are NOT able to exercise:**

Please watch **a sporting or outdoor related program** in its entirety for each day of absence.

Write a one page report on each program watched with the following info if it is a **sporting event:**

- \* Sport
- \* Outcome
- \* Your opinion of results
- \* Who Played
- \* Highlights
- \* Where

For **Outdoor related programs** ~ write a 1/2 page report on each program watched with details of the program and your opinion.

**Your assignments are due the day you return to school – please turn them in to Mrs. Robbins in the office before returning it to your teacher.**