Understanding 
CHILDHOOD MENTAL HEALTH & WELLNESS

Parents are invited to join us as we uncover:
- Understanding what is normal and what is a concern
- Common mental health challenges for youth
- What to watch for and how to talk with children as a parent
- When to ask for help and where to go to find it

Two Date Options
(Same Training)

January 27, 2021 …… February 9, 2021
5:00-6:30p.m.

Register Here: https://tinyurl.com/ybqxy52b

QUESTIONS?
Contact Sheri Hanni - shanni@bcoe.org