

Understanding

CHILDHOOD MENTAL
HEALTH & WELLNESS

A
Training
Event
Designed
for
Parents!

Parents are invited to join us as we uncover:

- *Understanding what is normal and what is a concern*
- *Common mental health challenges for youth*
- *What to watch for and how to talk with children as a parent*
- *When to ask for help and where to go to find it*



Two Date Options
(Same Training)

January 27, 2021 February 9, 2021

5:00-6:30p.m.

Register Here: <https://tinyurl.com/ybqxy52b>



QUESTIONS?

Contact Sheri Hanni - shanni@bcoe.org